Health and Society Major
(13 or 14 units)
1. Two units from the following physical and natural sciences, chosen to provide prerequisites for additional course work below: Chemistry 117, 150, and at most 1 of Anthropology 120 or any 100-level biology.
2. Two units from the following social sciences: Anthropology 100, Critical Identity Studies 165, Economics 199, Political Science 110, 160, Psychology 100, Religious Studies 101, Sociology 100, chosen to provide prerequisites for additional course work below.
3. Completion of .5 unit of Health and Society 240 (offered every spring).
4. Three units chosen from the core health and society courses: Anthropology 262, Anthropology/Health and Society 323, Biology 215, 217, Critical Identity Studies 236/Health and Society 235, Critical Identity Studies/Health and Society 252, Interdisciplinary Studies 265, Philosophy 221, Physical Education, Recreation, and Athletics 308, Political Science/Health and Society 212 or 230, Psychology 210 or 252, Spanish/Health and Society 218. At least 2 of the core courses must be completed before the senior year. Other relevant course offerings with significant health content may be substituted with approval of the chair.
5. One or 2 unit(s) of statistics or research methods chosen from: Anthropology 240, Biology 247, Economics 251, Mathematics 106, Health and Society/Political Science 201, Psychology 161 and 162 (both are required), Sociology 205 or 211.
6. Choose 2 units from one theme and 1 unit each from the other two themes below. Other relevant course offerings with significant health content may be substituted with approval of the chair.
   - **Health and Well-Being:** Interdisciplinary Studies 318, at most 1 of Psychology 210 or 252, Psychology 215, 375, Psychology/Critical Identity Studies 225 (may not be counted for the major in conjunction with Critical Identity Studies/Health and Society 252), at most 1 of Psychology 310 or 315, and at most 1 of Interdisciplinary Studies 380 or Anthropology 230.
   - **Biological Systems and Health:** Biology 237, 256, 289, 340, 357, Biology/Chemistry 260, Chemistry 220, 230, Psychology 230.
7. Students interested in health and society are encouraged to fulfill their Liberal Arts in Practice requirement by engaging to improve the health of our neighborhoods, country, and/or world. This may occur during an approved study abroad experience, a Duffy Partnership, a research or field internship, or a LAP-designated course. Students majoring in health and society may fulfill major requirements while studying abroad. Consult with your major advisor when preparing for studying abroad.
8. Students interested in health and society are strongly encouraged to develop fluency in a second language. Spanish fluency is valuable to students who will be health care practitioners in the United States.
9. Completion of .5 unit of Health and Society 340 (offered every fall).
10. Writing/communication requirement: Writing in health and society incorporates the multiple traditions that inform the study of public health. Students will be exposed to a variety of writing styles in the natural science, social science, humanities, and interdisciplinary courses required for the major. The capstone course, Health and Society 340, will provide opportunities for students to explore writing and speaking in ways that communicate to diverse audiences about health issues. Students will also write a reflective essay at the end of the major. Students are encouraged to present their experiences from study away or research at Beloit
College student symposia.

11. Honors in health and society: Students with a 3.7 GPA or above in courses in the major may apply junior year for honors and develop a self-designed honors project.

Health and Society Minor
(5.5 units)
1. Completion of .5 unit of Health and Society 240 (offered every spring).
2. Three units chosen from the core health and society courses: Anthropology 262, Anthropology/Health and Society 323, Biology 215, 217, Critical Identity Studies 236/Health and Society 235, Critical Identity Studies/Health and Society 252, Interdisciplinary Studies 265, Philosophy 221, Physical Education, Recreation, and Athletics 308, Political Science/Health and Society 212 or 230, Psychology 210 or 252, Spanish/Health and Society 218. At least 2 of the core courses must be completed before the senior year. Other relevant course offerings with significant health content may be substituted with approval of the chair.
3. One additional course, related to the student’s interest, chosen from the thematic electives below.
   - **Health and Well-Being**: Interdisciplinary Studies 318, 380, Anthropology 230, Psychology/Critical Identity Studies 225 (may not be counted for the minor in conjunction with Critical Identity Studies/Health and Society 252), Psychology 210, 215, 252, 310, 315, 375.
4. One unit of statistics or appropriate research